



Kids Care Lesson 4

Caring for Kids in India

MAIN POINT

God is good.
*He cares that everyone
is treated fairly!*

SCRIPTURE

“Let the nations
celebrate with joyful
songs, because you
judge fairly and guide
all nations.”

Psalm 67:4

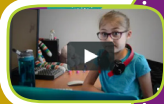
BACKGROUND FOR TEACHERS

CBM has a Women, Youth and Children Development Program in India that aims to empower those three groups through: teaching women skills for business and care for poultry and goats, teaching youth driving, electrical, mobile mechanism and computer skills to help secure employment and decrease school dropout rate. This project started January 2019.



Kids Care Vids: Download educational videos – created by kids for kids – to better engage your Sunday school students as you teach the God is Good lessons.

There are 3 videos - watch for the Kids Vids symbols throughout the lesson to indicate when to play them. *Please note, these are completely optional!*



ViDS Part 1

OPENING DISCUSSION: 2 MIN

What kind of job do you want when you're an adult?

In the village of Kurada in India, the good jobs usually go to the men and women and youth often need help getting good jobs. CBM is helping youth go to university, and to get jobs in computers, driving, electrical, mobile mechanisms, and more. They are helping women to get jobs in raising poultry and goats, and making leaf plates.

Fun Fact: Leaf plates are plates made from real leaves. These plates are made from fallen leaves that are washed, pressed, cut into plate shapes, then dried. Once they are used they can be composted.

Fun Fact 2: Making leaf plates in Canada would be harder as we do not have the right kind of plants. In India they use palm leaves, which are strong and thick. Canada just doesn't have the same kind of plants!



ViDS Part 2



STORY: 5 MIN

Meet Arjun (urjuun), a boy in the village of Kurada in India.

Hi, I'm Arjun. I live with my mom, dad and my sister in Kurada. My village is very poor and many people are unable to read, find work or get help when they're sick. My dad works on a farm but it is not enough money to take care of our family. For a long time my mom couldn't find a job to help because women don't get the same opportunities as men.

A few months ago someone came and started teaching my mom how to take care of goats. She raises goats to help support our family now. This is the first time she has been able to work and earn money to help take care of us. She said lots of women are being helped to earn money for their families by learning how to raise goats and poultry and make leaf plates.

I am thankful to God for helping my mom work. She is so happy now!

DISCUSSION: 3 MIN

General questions

- Who are the people in India who need help getting better jobs? (*Women and youth.*)
- What kind of jobs is CBM helping the women get? (*Leaf plate making, raising poultry and goats.*)
- What kind of jobs is CBM helping the youth get? (*Computers, driving, electrical, mobile mechanisms.*)
- How does helping women and youth get better jobs show that God is good? (*It shows that he cares about them and wants to help them get good jobs to take care of their families*)

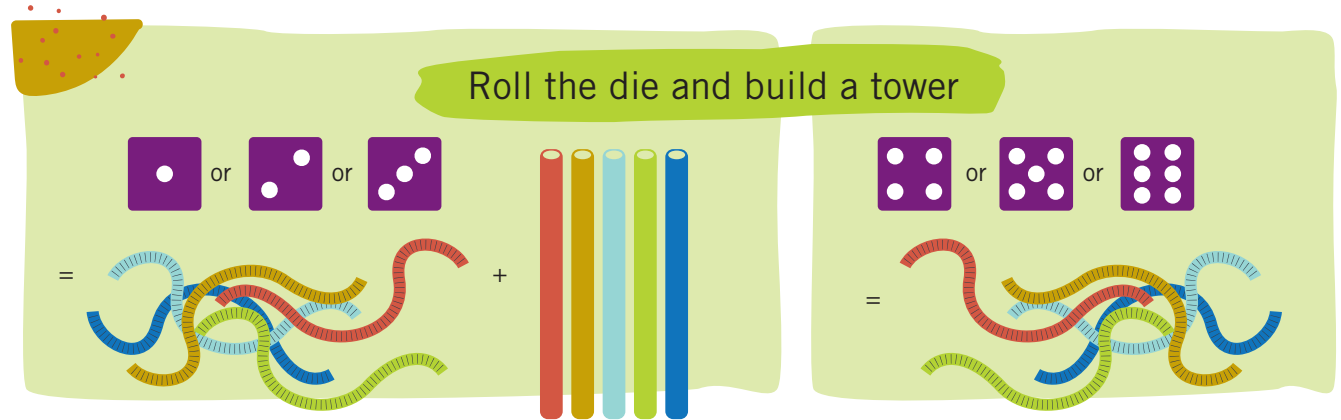
Additional questions for older kids

- What is the problem that needs addressing in India? (*Women and youth don't have opportunities like men and have trouble finding good jobs, the area is very poor.*)
- Why is tutoring and business training so important in addressing the problem? (*Education helps them learn skills to get better jobs, when they get better jobs they can help take care of their families and make their communities stronger.*)

ARTS & CRAFTS: 12 MIN

Build an Income

Supplies: pipe cleaners · straws · dice · objects to test tower strength



1. Divide into groups of 2 or 3 and give each group about 8 pipe cleaners and 8 straws. Their goal is to build the tallest tower that is strong. Put the pipe cleaners through the straws then twist the ends together to make the tower.
2. Once they've begun their structure, have one member in the group roll a die if they get between 1-3 give them a handful of pipe cleaners and an equal number of straws. If they roll a 4-6 give them just a handful of pipe cleaners.
3. Have them finish their tower.
4. Test the weight. Use a light book, toy or other item to see how strong their tower is. The ones without straws should be much weaker.
5. The groups that got more straws have stronger towers. They are like the men in the Kurada village who can get better jobs. The groups that did not get more straws are like the women and youth, who do not get the same opportunities as men do and cannot get good jobs (if they get any job at all).
6. When the tutoring centre helps students do better in school and the women and youth are trained to do other businesses, they can get better opportunities and 'build stronger towers.'

How is CBM helping?

Women and youth in Kurada, India do not have the same job opportunities as the men. CBM wants to help them get those opportunities to help empower them and grow a stronger community. How is that problem being addressed?

- Establish and run a tutoring centre that can help 50 children each year.
- Send 30 youth to computer skills training program
- Send 30 youth for vocational training in skills like driving, electrical, mobile mechanism, etc.
- Establish and run income generation units like leaf plate making, poultry and goat rearing.

What are the results?

- School dropout rates decrease and youth can pursue higher education
- Youth will get jobs in private and public; they'll have job opportunities/self employment to earn a good income
- Women have employment and earn good income
- Organisation will continue to run programs without external financial support once established

SNACK

Roti

A common flatbread in India is roti. Here's how to make some!

Ingredients:

- 2 ½ cups self-rising flour
- 2 tablespoons vegetable oil (plus some to cook with)
- 1 cup warm water
- optional: melted butter

You will need:

- mixing bowl
- rolling pin
- cast-iron skillet/crepe pan
- damp cloth
- colander

Directions:

1. Mix flour and oil in a bowl.
2. Add water slowly while stirring. Keep stirring, adding a small amount of water if the dough is dry, until the dough forms a ball.
3. Turn dough out and knead. Add flour if the dough is too sticky. It should be soft, but not stick to your hands.
4. Cover with a damp cloth and let rest for 10 minutes.
5. Roll dough into a large circle, about ¼ inch thick.
6. Spread 1 tsp of oil over the surface of the dough.
7. Roll into a long roll.
8. Cut dough into 8-10 pieces.
9. Roll each piece out flat to a 6-inch circle.
10. Cover with damp cloth and rest for 5 minutes.
11. Heat the skillet over low-medium heat.
12. Roll the first circle of dough out as thin as possible (about an 8-9 inch circle)
13. Add 1 tsp oil to the skillet and place dough in.
14. Cook until the bread puffs up and turns light brown on the bottom, about 1-2 minutes.
15. Slide bread to the side of the pan and quickly flip to the other side for about 1-2 more minutes.
16. Remove from heat and place in a colander to cool.
17. Cover with damp towel while cooking the rest.
18. Add more oil to skillet as needed.
19. Brush roti with melted butter to serve.

BODY BREAK (5-10 MIN)

Empowerment Game

Create 2 identical obstacle courses side by side. Divide into two teams and have each time line up at one of the courses. Blindfold one of the teams.

1. On "Go" teams must race to complete the obstacle course while holding each others' hands.

Discuss: The team with blindfolds had a big disadvantage there! It was hard for them to finish the course and they couldn't keep up with the other team. The blindfolded team were like children and youth in the Kurada villages. They were at a disadvantage.

2. Play again, this time remove the blindfolds from most or all of the team members. Race again!

Discuss: Removing the blindfolds helps the team complete the course better. This is like empowering the women and youth in the Kurada villages – when they can be trained to do their own businesses and finish their education they can help make money and take care of their families.

Tag Verse

Play tag, but every time someone gets tagged they must read/recite the verse. Psalm 67:4 Contemporary English Version (CEV) "Let the nations celebrate with joyful songs, because you judge fair and guide all nations."

PRAYER

We give thanks to you, God, for you are good. We see your goodness in how you help the people in Kurada. You care about the women and youth and want them to be able to get good jobs. Thank you for giving them education and job training so they can be a stronger community. Thank you for the jobs and education you provide for people in our own country. Amen.



TAKE ACTION

Pray for the people in Kurada, that they will become a strong community and be able to strengthen communities around them.



Fundraising: In Lesson 1 we learned about the work CBM is doing to build latrines in El Salvador so that communities can have healthy and safe places to use the washroom. This is one of the many ways we can show God's love! It costs \$750 to build a latrine.

Every time you fill your water bottle or a cup with clean water, thank God that your water is safe and put a coin in your outhouse!



Done this lesson? Fill out the India Postcard, take it home and pray for India.



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through word & deed*