



Kids Care Lesson 1

Latrines in El Salvador

MAIN POINT

God is good.

He cares about the little things – even where we use the bathroom!

SCRIPTURE

“The Lord is good to all; he has compassion on all he has made.”

Psalms 145:9

BACKGROUND FOR TEACHERS

CBM stands for Canadian Baptist Ministries. They work to express God’s love through word and deed; and through partnering with local churches around the world to bring hope, healing and reconciliation.

Enlace is an organization that partners with CBM and they equip churches in El Salvador, Nepal, Guatemala and the U.S. to transform their communities with training in sustainable solutions for food security, clean water, medical care, home building/repair, small business ventures and infrastructure.

CBM partners with Enlace to equip churches and community members in rural and semi-rural communities in El Salvador and Nepal to address needs such as building latrines. Latrines provide a healthier way to dispose of waste and keep the water clean. By having a latrine in each home the rate of intestinal diseases can decrease by 40%, reduce overall water table pollution by 80%, and increase safety for women and children.



Kids Care Vids: Download educational videos – created by kids for kids – to better engage your Sunday school students as you teach the God is Good lessons.

There are 4 videos - watch for the Kids Vids symbols throughout the lesson to indicate when to play them. *Please note, these are completely optional!*



OPENING DISCUSSION: 3 MIN

Have you ever...?

Have you ever been on a long car ride and you really had to go, but there was no bathroom nearby? At some point you just have to find the best place and relieve yourself. Can you imagine always being in this situation – never having a bathroom close by? Many people all over the world experience this every day! Over half of the people in the world either don't have a toilet in their home, or don't have one that safely manages the waste and ends up contaminating the water supply.

Imagine if someone walked in on you in the washroom! How would you feel if you never had privacy while using the bathroom? Building a latrine allows people to have privacy, which can make them safer - especially females.

Do you know what a latrine is? A latrine is like an outhouse. It's a small building built around a toilet. There's a pit in the ground that collects all the waste so you don't need to flush.

Fun Fact: Composting latrines recycle the waste so it can be used to fertilize the ground to help plants grow.



STORY: 5 MIN

Meet Ademir and his family

They live in Sirigual, a community in the mountains of El Salvador. Living in the mountains means that the nearest hospital is one and a half hours from them and getting there can be difficult. In the rainy season the roads become even more treacherous and harder to pass through.

I live with my wife and two children in Sirigual, El Salvador. I sow and harvest corn and beans to provide for my family. Working with crops is how many of the people in my area provide for their families. When I'm not working in the fields, you might see me organizing or working with teams to build latrines.

Many people in our community need safe places to go to the bathroom so the waste doesn't get in our water, and so we have privacy too. Latrines contain the waste and stop it from getting into our water while giving us the privacy we need. A lot of our children get sick because the water is



not clean. Helping them get better is difficult because the hospital is hard to get to. It is an hour and a half away and the roads are in bad condition. We will always try to get them help, though!

I have been able to help with the organizing of teams who are building latrines to make sure everyone is prepared and has what is needed to build them. I got the chance to build a latrine at my own house and help build latrines for others. The latrines help create an environment that will not contaminate our own water in our community. The hope that people in the community will enjoy healthier lives and reducing disease in our children inspires me to help build composting latrines. The composting latrines keep our water safe and also provide fertilizer.

Our community is made stronger as we work together to build latrines and receive training to create solutions that we can maintain. We learn how to work with each other and we feel proud of what we accomplish, while making our community safer and healthier.

DISCUSSION: 3 MIN

General questions

- What needs to be built in Sirigual to help kids stay healthy? (*Latrines*)
- How can latrines help kids stay healthy? (*Stops germs from getting into the water*)
- How does building latrines bring the community together? (*They learn together, help each other stay healthy, build the latrines together, etc*)
- How does building latrines show God's love? (*It shows God cares about where they go to the bathroom, gives them a chance to learn and spread God's love to others, it shows that God wants people to be healthy and safe*)

Additional questions for older kids

- What is the problem that needs addressing in Sirigual? (*Lack of safe bodily waste disposal and privacy*)
- Why are latrines so important in addressing the problem? (*Prevent disease in the water, give people privacy, compost the waste*)

EXPERIMENT: 12 MIN

Water Table Science Demonstration

Supplies: 2 clear containers · 1 smaller clear container (that fits in the clear container with space to spare · pebbles · food colouring · water



Demo Part 1: What is a water table?

One of the issues that CBM is trying to address is that the water gets contaminated and then people get sick. Does anyone know what a water table is?

1. Put some pebbles into the first clear container.
2. Then put a couple drops of food colouring on top of a few pebbles. The food colouring represents human waste.
3. Pour the water on top, representing rain. Don't fill the container so that the water doesn't fully saturate everything. Watch what happens. The "rain" goes into the soil and the human waste also soaks in, contaminating the water.
4. When the water stops sinking, the highest point of saturation (the top line of water in the sand/pebbles) is the water table.

Demo Part 2: Building latrines

How is that problem being addressed? CBM's partner Enlace works with Cristo Viene (a church in rural El Salvador) to talk with specialists, government, and locals to address the issue.

1. Put some pebbles in the second clear container and the third container in the middle. The small container represents a latrine.
2. Put food colouring in the small container. Again, this is human waste.
3. Pour the water on top and observe. The water saturates the pebbles but the food colouring should be contained in the small container. The latrines stop the human waste from getting into the groundwater and contaminating it. This gives the people safer water.

What are the results?

Here is what CBM has seen in El Salvador:

- Less people get sick! Simple sanitation strategies like latrines being used in the home could lead to a 40% reduction in intestinal diseases. This provides a healthier community!
- 80% reduction in overall water table pollution. The water is safer!
- Increase safety for woman/girls in the community. They have privacy!
- The community is brought together, trained, and becomes stronger.

SNACK

Refried Beans

A common side dish in El Salvador!

Ingredients:

- ½ lb of red or pinto beans
- 2 onions (quartered)
- ½ green bell pepper chopped
- 3 whole garlic cloves
- salt to taste

Directions:

1. Put beans, one onion quartered, green pepper and cloves in large pot.
2. Cover with water by 4-5 inches (do not salt the water or the beans will not get tender).
3. Bring to a boil and let sit for 2 ½ hours until beans are soft and skins are splitting. Check occasionally and add water as necessary.
4. Once tender, add a teaspoon of salt.
5. Blend beans and veggies until smooth. They should be liquidy.
6. Add 2 tablespoons of canola oil in a non-stick frying pan and the other quartered onion.
7. Heat oil and onion slowly until black and burned. It takes time.
8. Remove onion pieces and add bean mixture to the onion oil. Cook until it is your desired consistency.
9. Add salt to taste.

Salpores de Arroz

Salvadoran cookie recipe!

Ingredients:

- ¾ tsp cinnamon
- 3 1/3 cups rice flour
- 1 cup sugar
- ¾ cup shortening
- 1/2 teaspoon salt
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 2 eggs, beaten
- 6 to 8 tablespoons lukewarm milk
- Pink sugar, optional

Directions:

1. Preheat oven to 350.
2. Place rice flour in a large bowl. Make a well in the center and add cinnamon, sugar, shortening, salt, baking powder, baking soda and eggs. Stir to mix.
3. Slowly add enough milk to make soft dough that will come together in ball, resembling pie crust. It is easiest to get the texture right if you mix with your hands until it forms a ball.
4. Form dough into balls. Place on wax paper-lined baking sheets. Press each down with 2 fingers, laid flat to make 2 ridges in dough. Sprinkle with colored sugar.
5. Bake at 350 degrees until the tops feel dry, about 18 to 20 minutes. Let cool 5 min before removing from the baking sheet.



BODY BREAK (5-10 MIN)

Toilet Tag

One person is 'It' and must tag everyone else. 'It' is trying to turn everyone into toilets! When you get tagged, kneel on one knee and hold your hand like a toilet handle. To be freed someone must sit on your knee and 'flush' the toilet by pushing your hand down.

Squat Verse

Take turns saying each word of the voice. Whenever it's your turn to say the word: squat! Psalm 145:9 "The Lord is good to all; he has compassion on all he has made."

PRAYER

God, you are good. We give thanks to you, Lord, for you are good. Your love endures forever. We see your goodness in the latrines being built for safer and healthier communities in El Salvador. You care about the health and safety of people everywhere. Thank you for giving us toilets to use so we can have privacy and safety from diseases. Amen.



TAKE ACTION ACTIVITY

You can help!

Supplies: scissors · tape

There are two youth teams from Eastern Canada going to El Salvador to build latrines. This will provide communities with safe places to go to the washroom and safer water.

This year we are collecting money to help build latrines. At the end of each session we will give you one idea of how you can raise money. The money you raise will be used to help with the latrine building project. The cost of building one composting latrine is \$750. Do you think your whole church could work together to raise enough money to build one?

Choose one of the following options to create a container to collect the money you raise

Option 1: Download and print a foldable coin box using sturdy paper, or

Option 2: Download and print a label to wrap around an empty tin can

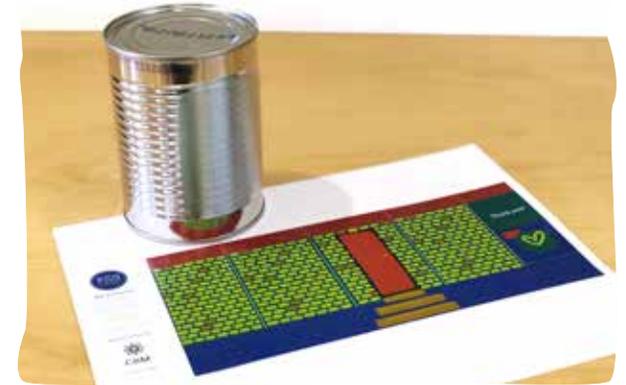
Have the children take these home and collect money every time someone in their family goes to the washroom to help build latrines in El Salvador. Return weekly.



Done this lesson? Fill out the El Salvador Postcard, take it home and pray for El Salvador.



Option 1



Option 2





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